

# Faculty of Sport and Exercise Medicine (UK)

## MEETINGS/COURSES BULLETIN

**Updated as at 30 June 2010**

### SEM MEETINGS/COURSES

#### IMPORTANT NOTE

**The following details are published as an informational service to FSEM Members/Fellows. Inclusion of any meeting does not imply any FSEM involvement in its organisation nor any endorsement of any meeting.**

Please note that this Bulletin will be sent to all Members/Fellows every 2 months. If any Member/Fellow wants to include an SEM meeting/course on this list, please advise Rita Capaldi at the Faculty on: [r.capaldi@fsem.co.uk](mailto:r.capaldi@fsem.co.uk)

**2010**

**JULY 2010**

#### Sport Medicine Ethics, Masters Level Module

**Date: 1 – 3 July 2010**

**Venue: Room 231 Glyndwr, Swansea University**

**CPD approval** (code:57180) has been granted by the Royal College of Physicians.

#### **Information**

This 3 day module is available as a zero credit or 20 credit module.

**Zero credit module code:** SHPM44

**20 credit module code:** SHPM41.

Taught by some the leading figures in the field, this module, unique in the UK, will address a variety of ethical problems encountered in sports medicine by team doctors, GPs, physiotherapists and allied healthcare practitioners. The module is comprised of lectures, case study discussions and directed study.

#### **Module Tutor**

Professor Mike McNamee

Department of Philosophy, History and Law in Healthcare

## Module Team

Dr Andrew Bloodworth

Professor Steven Edwards

Dr. Richard Griffith

Professor Søren Holm (School of Law, University of Manchester)

Dr Jacinta Tan

Dr Hugh Upton

## Sports Medicine Ethics Outline (provisional)

<b>Thursday 1<sup>st</sup> July 2010</b>	
<b>10.00 – 11:00</b> <b>(Rooms tbc)</b>	<b>Session 1</b> <b><i>What is this thing called Sports Medicine Ethics?</i></b> Professor Mike McNamee
<b>11.00-11.30</b>	<b>Break</b>
<b>11:30 - 13:00</b>	<b>Session 2</b> <b><i>The principles approach to biomedical ethics applied to Sports Medicine</i></b> Professor Steven Edwards
<b>13:00 - 14:00</b>	<b>Lunch</b>
<b>14:00 – 15:30</b>	<b>Session 3</b> <b><i>The problems of informed consent</i></b> Professor Mike McNamee
<b>15:30 – 16:00</b>	<b>Break</b>
<b>16:00 – 17:30</b>	<b>Session 4</b> <b><i>An introduction to moral theory and normative ethics</i></b> Dr Hugh Upton
<b>17:30 – 18:00</b>	<b>Session 5</b> <b><i>Guidance on case study and assessment</i></b> Professor Mike McNamee
<b>Friday 2<sup>nd</sup> July 2010</b>	
<b>9:00 – 10:30</b>	<b>Session 1</b> <b><i>The doping problem</i></b> Dr Andrew Bloodworth
<b>10:30 – 11:00</b>	<b>Break</b>
<b>11:30 – 13:00</b>	<b>Session 2</b> <b><i>Informed consent and the law</i></b> Mr. Richard Griffith
<b>13:00 - 14:00</b>	<b>Lunch (Case study groups)</b>
<b>14:00 – 15:30</b>	<b>Session 3</b> <b><i>Ethical and legal aspects of confidentiality for sports medicine</i></b> Professor Søren Holm
<b>15:30 – 16:00</b>	<b>Break</b>
<b>16:00 – 17:30</b>	<b>Session 4</b> <b><i>Ethical aspects of eating disorders in adolescent athletes</i></b> Dr Jacinta Tan
<b>Saturday 3<sup>rd</sup> July 2010</b>	
<b>9.00 – 10:00</b>	<b>Session 1</b> <b>(TBC)</b> Professor Mike McNamee
<b>11:00 - 11:30</b>	<b>Break</b>
<b>11:30 - 13:00</b>	<b>Session 2</b> <b><i>The ethics of Occupational Medicine, Sports</i></b>

	<b>Medicine, and Conflicts of interest</b> Professors Søren Holm and Mike McNamee
<b>13:00 - 14:00</b>	<b>Lunch (Case study groups)</b>
<b>14:00 – 15:00</b>	<b>Session 3</b> <b>Presentation of case studies</b>
<b>15:15– 16:15</b>	<b>Session 4</b> <b>Presentation of case studies</b>
<b>16:15 - 17:00</b>	<b>Session 5</b> <b>Further guidance assessment and feedback</b>

**NB: Access to electronic support of reading and directed study prior to the module will be sent to registrants along with information regarding assessment for those who wish to complete a 20 credit (CATS) module.**

### **Learning Outcomes**

On completion of the module the student should be able to understand and engage in critical analysis of:

- Medical ethics in the contexts of sports medicine
- The nature and goals of sports medicine
- Ethical issues in sports and their relationship to sports medical professionalism
- Issues of performance enhancement, health and doping

### **Transferable skills**

- Development of analytic and reasoning skills

### **Main recommended texts:**

- 1) Beauchamp, T.L. and Childress, J.F. (2009) Principles of Biomedical Ethics. Oxford: Oxford University Press.
- 2) Kuhse, H. and Singer, P. (2006) Bioethics, an anthology. Oxford: Blackwell.
- 3) McNamee, M. J. (2008) Sports, Virtues and Vices. London: Routledge.

### **Contact Details**

#### **For further information please contact:**

Professor Mike McNamee: [M.J.McNAMEE@swansea.ac.uk](mailto:M.J.McNAMEE@swansea.ac.uk)

Professor Steven Edwards: +44 (0) 1792 295611 [s.d.edwards@swansea.ac.uk](mailto:s.d.edwards@swansea.ac.uk)

**To apply:** Human and Health Science Admissions Office  
+44 (0) 1792 518531 [shsadmissions@swansea.ac.uk](mailto:shsadmissions@swansea.ac.uk)

## **So You Think You Know All About Ventilation?**

Organised by The Faculty of Pre-Hospital Care, Royal College of Surgeons of Edinburgh

**Date: Thursday 8th July 2010**

**Venue:** Fire Service Training Centre, Birmingham

### **SUBJECTS TO INCLUDE**

- **What drives the patient to breath (applied system physiology)**
- **What are the problems we face in pre-hospital care (pathophysiology)**
- **How do you recognise inadequate ventilation (presentations)**
- **CRM (personal factors)**
- **So what are we going to do for the patient (management)**
- **Is there some middle ground?**
- **Golden Rules.**

An evidence based scientific day, delivered by experts, suitable for all practitioners in pre-hospital care, including doctors, ambulance personnel, nurses and the Military.

#### **Cost:**

FPHC Members – Free  
Non members - £25

Cheques payable to “Faculty of Pre-hospital Care”.

#### **Contact Details:**

For further information or to book a place contact: [www.fphc.info](http://www.fphc.info) or [L.Millar@rcsed.ac.uk](mailto:L.Millar@rcsed.ac.uk)

FPHC, Royal College of Surgeons of Edinburgh, Nicolson Street, Edinburgh, EH8 9DW  
Tel no: 0131 527 1732.

## **FLAME Conference and Golf Day 2010**

**Dates: GOLF: 13 July 2010 Venue: Lilley Brook Golf Course**  
**CONFERENCE: 14 July 2010 Venue: Cheltenham Racecourse**

### **Integrate, Educate, Celebrate - A 20:20 Vision of the Fitness Industry**

The FIA is celebrating twenty years of service to the UK health and fitness industry at our annual conference this year. This year the FIA FLAME Conference is structured to compliment the FIA's TwentyTen Commission- an industry consultation designed to create a five year industry wide strategy.

The conference will be packed with inspirational speakers, opportunities for industry discussion, networking, and a celebration at the Ball of Fire. It is a day you cannot afford to miss!

## **Join Us – Educate, Integrate, Celebrate with the FIA**

**We want you to join us at Cheltenham Racecourse for our FLAME Conference on 14 July 2010.**

With the continued growth in demand on healthcare, we think we're an important industry for the nation. Why not come and discuss that with us?

Our speaker line up includes:

### **Bruce Learner, Corporate Responsibility Manager, Kellogg's Europe**

900,000 people took up the offer to Swim For Free with Kellogg's but do big food manufacturers really have a role in transforming the health of the nation? Bruce Learner will look at how food manufacturers and the fitness industry can work more closely, drawing on experience of Kellogg campaigns for swimming and cycling.

### **Dr John Ratey, Associate clinical professor of psychiatry at Harvard Medical School**

The author of the acclaimed book "SPARK! -the revolutionary new science of exercise and the brain", Dr Ratey is flying into the UK to speak at the FLAME Conference. Dr Ratey travels around the world speaking about the remarkable effects exercise has on the brain, showing that it is the body's best defence against numerous medical conditions, including menopause, Alzheimer's, ADHD and mood disorders.

### **Dr Charlie Foster, Division of Public Health and Primary Health Care, University of Oxford; Dr John Searle, Chief Medical Officer, Fitness Industry Association**

As the health of the nation rockets up the political agenda, where does physical activity stand in the provision of healthcare services. Charlie Foster and John Searle, key collaborators in the policy developments around physical activity, will give an insightful presentation around how policy decisions are made to address levels of physical inactivity in the British population. In an informative session, you will learn about the extensive work that is currently ongoing with the medical community to encourage more efficient exercise referral schemes and explore the factors which influence decisions on the ground.

### **David Davies, former Executive Director of the FA; Special Advisor to Danny Jordaan, CEO South African Football Association**

Fresh off the plane from the World Cup in South Africa, David Davies will be joining us to give a fascinating presentation on his experiences in the world of sport, politics and the media. With his experience as the head of the Football Association, David provides an insightful look into the politics of sport, from governance issues to media scandal. Drawing on his experiences and knowledge of all things related to sport, this presentation will give advice and opinion on the development of the fitness industry moving forward. Following his work at the World Cup 2010 advising Dr Danny Jordaan, CEO of the World Cup 2010 Organising Committee, this presentation is one not to be missed!

**Opening Keynote:**

Our conference opening keynote speaker will be Bob Gray, one of the world's leading authorities on maximizing the power of memory. It's sure to be a fantastic beginning to the day!

**Closing Keynote:**

Graham Davies, will be providing a closing to the conference. He is a leading communication expert who will wrap up the conference with his humor -sending you off with a smile

**Conference Accommodation:**

The FIA has booked a number of rooms within close proximity of the conference venue that you can book by going to following webpage:

<http://www.fia-onlinestore.org.uk/index.php?cat=flame2>

Alternatively, the FIA can provide you with a list of hotels in the area. To receive the list, please email: [flame@fia.org.uk](mailto:flame@fia.org.uk) or call 020 7420 8564.

If you have booked onto the Golf Day, please contact us in order to book a room at the Cheltenham Park Hotel which is where the evening event will take place.

## **[Clinical Exercise Testing and Interpretation - A Practical Approach](#)** **[9th Cambridge / UCLA Course](#)**

**Date:** 29-30 July 2010

**Venue:** Cambridge University Clinical School, Addenbrooke's Hospital, Cambridge

**Aim of the Course:**

The aim of the course is to improve the participants' knowledge of the value of exercise testing and interpreting the results in normals, and subjects with suspected pathology. The widely acclaimed textbook on exercise testing and interpretation written by two of the lecturers forms the knowledge base for the course and will be of interest to all involved in exercise testing as well as specialist registrars training in respiratory medicine, cardiology and rehabilitation.

**Lecturers:**

Lecturers will include:

Prof Chris Cooper & Prof Tom Storer, UCLA  
Dr Jumbo Jenner, Dr Jonathan Fuld, Prof N Wareham, Cambridge  
Dr Marshall Riley, Belfast

**Contact Details:**

For further information and application form, please contact:

Michelle Joyce, Course Administrator/Secretary

Box 34, Addenbrooke's NHS Trust, Hills Road, Cambridge, CB2 2QQ

Tel: +44(0)1223 217763

e-mail: [michelle.joyce@addenbrookes.nhs.uk](mailto:michelle.joyce@addenbrookes.nhs.uk)

## **BASEM Clinical Skills Course 2010:**

**Dates:** Sunday 5th to Thursday 9th September 2010

**Venue:** Bisham National Sports Centre, Buckinghamshire

### **Information**

This is a 4 day residential clinical skills course aimed at enhancing delegates' skills in the assessment of musculoskeletal injury. The course is aimed at General Practitioners, GP Registrars and Specialist Registrars with an interest in sport and musculoskeletal medicine. The curriculum includes cervical spine, shoulder complex, elbow, wrist and hand, upper limb neurology, thoracic spine and chest, lumbar spine, pelvis, hip and groin, knee, ankle, foot, assessment of gait and use of imaging.

### **Contact Details**

For further information on programme details, aims and objectives of the course, venue details, cost and registration, please go to [www.basem.co.uk](http://www.basem.co.uk) and click on BASEM Education.

## **2<sup>nd</sup> ECOSEP (European College of Sport & Exercise Medicine) & 12<sup>th</sup> Annual Scientific Conference in Sports & Exercise Medicine (CSEM)**

**Date:** 9 - 11 September 2010

**Venue:** Bancroft Building, Queen Mary University of London

### **Topics:**

- Scientific Presentations by MSc Students in Sport and Exercise Medicine
- Ultrasound Scanning in Sports Medicine
- Gene, Stem Cells and Sports Medicine
- Guidelines on Anti-Doping
- 2012 London Olympic and Paralympic Games
- Exercise Induced Leg Pain in Sport
- Muscle and Tendon Injuries in Sports
- Knee Problems in Sports Medicine
- Sports Nutrition
- Academic Programmes in Sports Medicine
- Biological Therapies in Sports Medicine
- Sports Cardiology and Pre-Participation Cardiovascular Evaluation.

### **Call for Papers:**

For further details, please contact Dr Nat Padhiar Tel no: 077 187 43755

[Nat.padhiar@thepct.nhs](mailto:Nat.padhiar@thepct.nhs)

For further information or to register by phone, please contact a member of Aesculap Academia Education's events team on [academia.bb muk@b braun.com](mailto:academia.bb muk@b braun.com) [www.aesculap-academia.co.uk](http://www.aesculap-academia.co.uk)  
Tel: 0114 225 9057

## FSEM Annual Meeting re Revalidation

**Date: Thursday 16 September 2010**

**Venue: Royal College of Surgeons of Edinburgh, Nicolson Street, Edinburgh**

### **Appraisal, Revalidation and Untoward Incidents**

- 08.45 – 09.30            Registration (TEA/COFFEE)
- 09.30 – 10.15            **‘Enhanced’ Appraisal; What does it mean for you?**  
*Speakers – the FSEM Revalidation Committee*
- 10.15- 11.00            **Revalidation in SEM – What will it look like?**  
*Prof George Youngson, RCSEd*
- 11.00 - 11.15            COFFEE
- 11.15 - 11.30            **Untoward Events Monitoring – FSEM results on first 90 reports**  
*Dr Rod Jaques, FSEM (UK)*

### **Clinical component - PRP, clinical practice and ethics**

- 11.30 – 12.30            **The Medical Case For and Against PRP**  
*Dr Noel Pollock, UKA*
- What Ethical Issues does the Use of PRP Present?**  
*Prof Mike McNamee, Dept of Philosophy, History and Law in  
Healthcare, Swansea University*
- 12.30 – 12.45            *QUESTION TIME (with Speakers)*
- 12.45 – 13.45            LUNCH is included

### **CPD Points – 3 CPD points have been awarded**

#### **Prices:**

- FSEM Members and Fellows        - £50
- Non-FSEM Members and Fellows - £75

Please view following FSEM website to download application form: <http://www.fsem.co.uk/>

If you have any enquiries about the above FSEM Annual Meeting, please contact Rita Capaldi at: [enquiries@fsem.ac.uk](mailto:enquiries@fsem.ac.uk) or telephone: 0131-527-3404.

**Seventh Annual Scientific Conference of  
Faculty of Sports and Exercise Medicine, RCPI & RCSI**

**Date: Friday and Saturday, 17 and 18 September 2010**

**Venue: Royal College of Surgeons in Ireland, St Stephen's Green, Dublin 2**

**Call for Papers, see below: Closing date for submission Friday 18 June 2010**

**CME/CAS Credits to be awarded**

**Information**

The 2010 Annual Scientific Conference of the Faculty of Sports and Exercise Medicine, RCPI & RCSI, takes place this year on Friday and Saturday, 17th and 18th September 2010, at the Royal College of Surgeons in Ireland, 123 St Stephen's Green, Dublin, 2.

The morning session on Friday 17th will focus on the Team Physician, with updates on the roles and responsibilities of the team physician, the psychological approach to the athlete, Anti-doping, supplements and hydration and medico-legal aspects.

The Friday afternoon session will have original research presentations and interesting case presentations, selected following a Call for Papers. This will be followed by a reception and Honorary Fellowship conferring ceremony, to which all delegates are invited.

The Saturday session will focus on Posterior Thigh Pain. We will attempt to reach a better understanding of this often difficult clinical area by having presentations on an overview of posterior thigh pain, medical assessment/treatment of acute hamstring tear, physiotherapy/strength and conditioning rehab of hamstring tear, lumbar spine biomechanics, Physio rehab of disc prolapse, imaging lumbar spine, injection therapy, and inflammatory conditions.

**Contact Details:**

Further information on the Programme and registration on the Faculty Website at [www.rcsi.ie/fsem](http://www.rcsi.ie/fsem) - **Link to on-line registration**

**CALL FOR PAPERS – CLOSING DATE FOR RECEIPT - Friday 18 June 2010**

**QMUL Centre for Sport and Exercise Medicine /DJO Education  
Sport and Exercise Medicine for London 2012 SEMS Meeting  
1. Tendinopathies 2. Compartment Syndrome / CECS**

*(CPD to be sought from The Royal College of Surgeons of Edinburgh)*

**Date: Friday 24 September 2010**

**Venue: Chandos House, Royal Society of Medicine, 2 Queen Anne Street, London W1G 9LQ, UK.**

**Information:**

This one day meeting is part of the series of high level, interactive and interdisciplinary meetings being run by Professor Nicola Maffulli, Centre Lead and Professor of Sports and Exercise Medicine, Queen Mary University of London Centre for Sports and Exercise

Medicine. [Meetings are designed to meet](#) the specific CPD needs of the most experienced SEM practitioners and each will run with a maximum of **50** delegates.

**Meeting Speakers:** Mr Mike Allen, Dr Otto Chan, Prof Nicola Maffulli, Mr Peter Malliaras, Mr Simon Owen-Johnston tbc, Mr Nat Padhiar, Dr David Perry tbc, Dr Graham Riley, Prof Jan Rompe, Prof Roger Smith.

**Tendinopathies Topics:** Tendon problems: an update on tendon science for clinicians, Advanced imaging for tendon problems, Evidence based conservative management, The bases for ESWT and the evidence for ESWT in tendon problems, Mesenchymal Stem Cell Therapy: the future?, And if everything goes wrong, here comes the surgeon; Question Session.

**Compartment Syndrome / CECS Topics:** Compartment syndromes of the foot and measurement of intracompartmental pressure, CECS of the leg, CECS of the forearm, Eosinophilic fasciitis as a cause of EILP, ESWT in medial tibial stress syndrome, Surgical management of CECS in the lower limb, Question Session.

[All presentations will be of 25 minutes with 5 minutes for questions. The whole day will be as interactive as possible.](#)

**Fees:**

The meeting fee is **£150**. This includes **meeting information, refreshments, lunch and attendance certificate** with CPD accreditation. A **memory stick** with meeting presentations will be sent to attendees following the day.

**Contact Details:**

For full programme details and booking form, please contact **Barry Hill** at [barryghill@hotmail.com](mailto:barryghill@hotmail.com)

**OCTOBER 2010**

**[Ryghi Gogledd Cymru - Rugby Injuries Conference](#)  
**[From Population To Patient – 2010 The Shoulder](#)****

**Date: 6 and 7 October 2010**

**Venue: Theatr Colwyn, Colwyn Bay, North Wales**

**Provisional Program:**

**DAY1**

10.15 REGISTRATION

10.45 WELCOME AND OPENING

11.00 EPIDEMIOLOGY OF RUGBY INJURIES

*TBC*

11.30 *PAIN AND INJURY: THAT'S RUGBY!*

*DAVID HOWE, Peter Harrison Centre for Disability Sport, Loughborough University,*

12.0 *EPIDEMIOLOGY OF SHOULDER INJURIES - RISK FACTORS*

*JULIA HEADEY, RFU/Kinesis, Health & Performance Ltd, 16a London Road,*

*Twickenham*

12.30 FUNCTIONAL STRUCTURE OF THE SHOULDER JOINT

*JOHN SLOAN, Countess of Chester Hospital, Liverpool Road, Chester*

13.00 LUNCH

14.00 INFLUENCE OF RUGBY PRACTICE ON SHOULDER INTERNAL AND EXTERNAL  
ROTATORS  
STRENGTH

*PASCAL EDOUARD, Department of Physical Medicine and Rehabilitation, University Hospital  
of*

*Saint-Etienne, Jean Monnet University, Saint-Etienne, France.*

14.30 [FREE COMMUNICATIONS 1](#)

14.45 [FREE COMMUNICATIONS 2](#)

15.00 [FREE COMMUNICATIONS 3](#)

15.15 [FREE COMMUNICATIONS 4](#)

15.30 TEA

15.45 SYSTEMATIC REVIEW OF DIAGNOSIS OF SHOULDER INJURIES

*ERIC HEGEDUS, Duke University School of Medicine, USA*

16.15 MY DISLOCATED SHOULDER - THE PLAYER EXPERIENCE  
TBC

16.45 DISLOCATION OF THE SHOULDER

*SIMON ROBERTS, Robert Jones and Agnes Hunt Orthopaedic Hospital, Oswestry*

17.15 GET UP, SHUT UP AND STOP BEING A FANNY: RUGBY PLAYERS AND BODY ANXIETY,  
PAIN AND INJURY

*NATALIE DARKO, Nottingham Trent, University, Nottingham, UK*

17.30 END OF DAY ONE

19.15 POSTER SESSION/ RECEPTION

20.00 DINNER

## **DAY 2**

09.00 EVIDENCE-BASED GUIDELINES ON THE ASSESSMENT AND MANAGEMENT OF SOFT  
TISSUE

SHOULDER INJURIES AND RELATED DISORDERS

*DUNCAN REID School of Rehabilitation and Occupation Studies, Auckland University of  
Technology, New Zealand*

09.30 MY SHOULDER RECONSTRUCTION- THE PLAYER EXPERIENCE  
TBC

10.00 ROTATOR CUFF IMPINGMENT AND SLAP INJURIES

*SIMON FROSTICK, Royal Liverpool University Hospital, Liverpool*

10.30 ETHICAL ISSUES OF THE SPORTS TEAM DOCTOR

*BRIAN DEVITT, Cappagh National Orthopaedic Hospital, Northwood, Santry, Dublin*

11.00 COFFEE

11.20 AC JOINT INJURY

*JAMES FRASER-MOODIE, Edinburgh Royal Infirmary*

11.50 IMAGING SHOULDER INJURIES

TBC

12.20 EPIDEMIOLOGY AND OUTCOME OF SHOULDER INJURIES OVER A FIVE YEAR PERIOD

*ROHIT KULKARNI, Royal Gwent Hospital*

12.50 LUNCH

- 14.00 WHEN DO I GET TO RUN ON WITH THE MAGIC SPONGE?: ILLUSIONS OF MERITOCRACY AND DEMOCRACY IN SPORTS MEDICINE  
*ISLAY McCEWAN, Department Of Exercise And Sport Science, Manchester Metropolitan University*
- 14.30 TACKLING THE BIOMECHANICS OF THE SHOULDER  
*LEE HERRINGTON, University of Salford, Manchester*
- 15.00 THE EFFECT OF SHOULDER PADS  
*DEBORAH HARRIES, University of Teesside, Middlesbrough,*
- 15.30 TEA
- 15.45 TACKLING IN RUGBY: COACHING FOR INJURY PREVENTION  
*SHARIEF HENDRICKS, University of Cape Town, South Africa*
- 16.15 REHABILITATION OF SHOULDER IMPINGEMENT SYNDROME AND ROTATOR CUFF INJURIES: AN EVIDENCE-BASED REVIEW  
*Todd Ellenbecker Physiotherapy Associates Scottsdale Sports Clinic, Scottsdale, Arizona, USA*
- 16.45 REHABILITATION OF THE SHOULDER  
*JO GIBSON, West Kirby Physiotherapy and Sports Injury Clinic,*
- 17.15 CLOSE

### **Contact Details:**

Queries: [K.L.Morgan@liverpool.ac.uk](mailto:K.L.Morgan@liverpool.ac.uk)

Professor Kenton Morgan - Tel no: 0151 794 7986

E-mail: [healthyrugby@gmail.com](mailto:healthyrugby@gmail.com)

Website: [www.healthyrugby.com](http://www.healthyrugby.com)

## **“Prevention of Arthritis following Exercise or Sport”**

**Date: 21 and 22 October 2010**

**Venue:** Millennium Gloucester Conference Centre, Harrington Gardens, London SW7

Hosted by the Arthritis Research Campaign (ARC – Professor Alan Silman) and the Institute of Sport and Exercise Medicine (ISEM – Professor David Patterson).

### **Confirmed speakers include:**

Dr J Richard Steadman (USA), Dr Marc Philippon (USA), Professors Steven Blair (USA), Philip Conaghan (UK), Jiri Dvorak (CH), Mick Molloy (IRE), Savio Woo (USA), Dennis Caine (USA), Ron Zernicke (USA), Bruce Kidd (UK), David Felson (USA), Tapio Videman (CAN), Per Renstrom (SWE), Kim Bennell (AUS), David Hunter (AUS), Lars Peterson (SWE), Ian McDermott (UK), Paul McCrory (AUS) and Dr John Loughlin (UK). Confirmation is awaited from Professors Roald Bahr (NOR) and Lars Engebretsen (NOR).

### **For further information contact:**

Dr Michael Turner

30 Devonshire Street, London W1G 6PU [miketurnerlondon@aol.com](mailto:miketurnerlondon@aol.com)

[www.fsem.co.uk/site/2409/default.aspx](http://www.fsem.co.uk/site/2409/default.aspx) [www.arc.org.uk/](http://www.arc.org.uk/)

## **The 5<sup>th</sup> Leeds Sporting Imaging Course**

**Date: 8 and 9 November 2010**

**Venue:** Weetwood Hall, Leeds.

This 2 day course is aimed at both radiologists and clinicians who are involved in sports imaging. The course will comprise an imaging and clinical overview of the most relevant joint, bone and soft tissue sporting injuries. The faculty will comprise internationally recognised skeletal imaging and clinical experts who will deliver focused state of the art lectures and lead sessional discussions (visiting Guest Speaker 2010 – Dr TT Miller, HSS, New York). Each session will cover the spectrum of injury for a specific anatomical area beginning with clinical lectures that will allow the subsequent imaging lectures to be placed in context. All aspects of imaging will be discussed but the use of ultrasound, conventional MR imaging and MR arthrography for the diagnosis, staging and prognosis of sporting injuries will be emphasised. Therapeutic image guided intervention using fluoroscopy, CT and ultrasound will also be demonstrated.

11 RCR category one CPD credits applied for.

For course details, please contact: Carol Bailey, Course co-ordinator, Radiology Dept, Leeds General Infirmary, Great George Street, Leeds LS1 3EX Tel: +44 (0) 113 3922826; Fax: +44 (0) 113 3928585; E-mail: [carol.bailey@leedsth.nhs.uk](mailto:carol.bailey@leedsth.nhs.uk) or [carol@cbailey9.orangehome.co.uk](mailto:carol@cbailey9.orangehome.co.uk)

## **16<sup>th</sup> Annual Principles of Fracture Management Course**

*CPD Accredited*

**Date: 15 – 19 November 2010**

**Venue:** Clinical Education Centre, Jarvis Building, Leicester Royal Infirmary, Infirmary Square, Leicester, LE1 5WW

### **Course Summary:**

This highly popular five-day course offers a comprehensive overview of fracture management for trainees about to commence a career in Orthopaedic Surgery. This course has also proved useful to nurses, physiotherapists and ODP's undertaking extended roles in the context of musculoskeletal trauma care. General Practitioners undertaking musculoskeletal clinics have also found this course useful.

In addition to lectures, it offers 'hands on' fracture fixation, practical sessions and demonstrations of human anatomy.

### **Course Fee:**

The course fee is £500.00 per delegate and includes all course materials, the course dinner, lunches, refreshments and course certificate.

### **Cancellation Policy:**

Any cancellation received prior to 19.10.09 will incur a refund administration fee of £10.00. Thereafter, 50% of the course fee will be charged for cancellations received later than one month prior to the course and 100% for cancellations received later than one week prior to the course.

**Course Dinner:**

The course dinner will be on the evening of 15th November 2010.

**For further details please contact:**

Mrs Elaine James, Course Administrator, Department of Health Sciences, Clinical Division of Orthopaedic Surgery, Clinical Sciences Unit, Off Ward 1, Leicester General Hospital, Gwendolen Road, Leicester, LE5 4PW

Tel: 0116 258 4702 Email: [ej9@le.ac.uk](mailto:ej9@le.ac.uk)

[www2.le.ac.uk/departments/health-sciences/extranet/ECC/orthopaedic-surgery/training-courses](http://www2.le.ac.uk/departments/health-sciences/extranet/ECC/orthopaedic-surgery/training-courses)

Course Convenors Mr S Williams and Mr B Bhowal

© University of Leicester, Leicester LE1 7RH, UK [www.le.ac.uk](http://www.le.ac.uk)

**Accommodation:**

Please note there is no hospital accommodation available for delegates attending this course.

Local hotel availability can be found by searching Leicester at [www.activehotels.com](http://www.activehotels.com)

Please note the course is strictly limited to 50 people and places will be allocated on a first-come, first-served basis. Early registration is highly recommended.

**UK SEM International Conference – UPDATE**

**Date: 24th, 25th, 26th November 2010**

**Venue:** The Capital Suite, Excel, London.

**Information**

As well as the 3 day conference there will be a half day workshop entitled “Talent ID through to rehabilitation” taking place on Saturday 27th November.

**Contact Details**

Please follow the link on BASEM’s website <http://www.uksem.org/> to register your interest in attending the conference.

View the most recent Conference programme on the BASEM website at:

<http://www.basem.co.uk/uploads/UK-SEM-Conference-Programme.pdf>

Sponsorship details for the conference are now available on the BASEM website at

<http://www.basem.co.uk/article.php?id=379&catid=51>

**2011**

**JANUARY 2011**

**FIVB Volleyball Medicine Congress 2011**

**Date: 13 – 15 January 2011**

**Venue:** Bled, Slovenia

30 June 2010

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## Information

Dear Participants

Volleyball and Beach Volleyball like other sports offer society a unique opportunity for individual and social development. Volleyball is a challenging game, where players learn a wide variety of skills – physical, mental and social. Volleyball is also an exciting game – for players and spectators alike!

Nevertheless, sports participation also entails a certain risk of injury. Studies from the 2004 Athens Olympic Games and 2008 Beijing Olympic Games document that the injury risk in Volleyball is much lower than the other Olympic team sports, and even lower than most individual sports. Even so, injuries can affect performance and even long-term health. Therefore, protecting the health of our athletes is the number one priority for the FIVB.

Through its Medical Commission, chaired by Professor Roald Bahr, the FIVB has looked at how injuries and illness can be prevented, how the risk of long-term disability can be reduced by proper diagnosis, treatment and rehabilitation, and how to maintain volleyball as a drug-free sport. The FIVB is a signatory to the World Anti-doping Code, and our anti-doping education and testing program ranks second to none. In keeping with our commitment to protect the health of our players, FIVB has taken the initiative to organize the FIVB World Congress on Volleyball Medicine in Bled, Slovenia in January 2011. This congress will be the perfect platform for physicians, physical therapists, athletic trainers, biomechanists and other scientists to share their views on volleyball injuries and illnesses. Although it is not the first of its kind, this promises to be a landmark congress, covering the entire field of volleyball medicine with a star line-up of world-renowned experts. The FIVB is pleased to be able to fund this event.

I would also like to take this opportunity to acknowledge the hospitality of our hosts, the Slovenian Volleyball Federation, and all their partners. Not only have they whole-heartedly embraced the idea, but they have worked diligently to create the best possible conditions for the exchange of knowledge and ideas related to the health of our players. The FIVB also thanks the Scientific Committee, chaired by Dr. Jonathan Reeser, for creating a superb program. You do not wish to miss this event!

Yours sincerely  
Jizhong Wei  
FIVB President

The keynote lectures and symposia have been selected in order to cover the breadth of sports medicine as it applies to volleyball. The Congress features an outstanding faculty from around the world. In the months ahead, workshops will be added to the schedule. These workshops are intended to be small group, hands-on sessions that complement the main program. In addition, the Congress will provide a forum for presentation of original volleyball-related research. Our goal is to stimulate volleyball-specific investigation and thereby advance the existing “state of the art”. Look for the “call for abstracts” on page 9. Evening social events will punctuate each day. These gatherings will permit discussion and the sharing of ideas, fostering a culture of collaborative inquiry that will help carry the discipline forward.

## **Keynote Speakers**

- Elizabeth Arendt, MD University of Minnesota, Minneapolis, MN, USA
- Roald Bahr, MD PhD Oslo Sports Trauma Research Center, Oslo, Norway
- Lars Engebretsen, MD PhD University of Oslo and Oslo Sports Trauma Research Center, Oslo, Norway
- Pavels Mustafins, MD Riga Stradins University and Latvian Academy of Sports Pedagogy, Riga, Latvia

## **Call for Papers**

Authors are kindly requested to submit their abstracts on the official website [www.fivbmedicine2011.org](http://www.fivbmedicine2011.org)

All accepted abstracts will be published in the Abstract Book, as well as in a themed issue of the British Journal of Sports Medicine.

The organisers wish to present the state-of-the-art in volleyball-related research at the FIVB Volleyball Medicine Congress 2011, and will therefore include poster sessions and free communications to present the most recent research. The Conference is multidisciplinary, and we encourage abstracts to be submitted within all fields of volleyball research. This includes studies on epidemiology, risk factors, injury mechanisms, pathophysiology, intervention studies, relevant biomechanical studies, studies on behaviour and attitudes, performance & fitness, and related research from other fields.

The deadline for submitting abstracts is 1<sup>st</sup> September 2010.

## **Contact Details**

For those wanting to attend the upcoming FIVB Volleyball Medicine Congress 2011, please visit us on [www.fivbmedicine2011.org](http://www.fivbmedicine2011.org) and register online.

This exciting Congress is one not to be missed, so register before 1. September 2010 to secure your place and receive discounted registration.

Note that all persons intending to attend the Congress must register, including invited Authors and Chairpersons.

DEADLINE FOR HOTEL RESERVATIONS IS 1st November 2011.

AFTER THIS DATE RESERVATION WILL BE MADE ON REQUEST.

For reservation use the reservation form on our official website [www.fivbmedicine2011.org](http://www.fivbmedicine2011.org)  
Reservation must be send in Hotel Jelovica Bled by e mail: [jelovica@hotel-jelovica.si](mailto:jelovica@hotel-jelovica.si) or by fax: 00386 4 5741 550.

Direct booking to chosen hotel is not possible.

[www.bled.si](http://www.bled.si)