

**FACULTY OF SPORT AND EXERCISE MEDICINE (UK)**

**Draft Minutes of the Council Meeting Held in the Worshipful Society of Apothecaries, Apothecaries Hall, London at 10.30am on 23<sup>rd</sup> March 2010**

**PRESENT:**

**Prof Mark Batt  
Dr Rod Jaques  
Prof Peter Helms  
Mr Jim Foster  
Prof David Patterson  
Dr John Jenner  
Prof John Fairclough  
Prof Angus Wallace  
Lt. Col. John Etherington  
Dr Richard Seah  
Dr Philip Carolan**

**Prof Michael Cullen**

**Dr Douglas Justins  
Dr Julian Redhead  
Dr Richard Budgett  
Dr Jane Dunbar  
Dr Simon Till  
Dr Tom Crisp  
Dr Simon Kemp  
Mr Michael Allen**

**PRESIDENT  
VICE- PRESIDENT  
HON. TREASURER  
Lay Representative  
Chairman, ISEM  
Worshipful Society of Apothecaries  
Chairman, External Affairs Committee  
Royal College of Surgeons of Edinburgh  
Royal College of Physicians of London  
FSEM Trainee Representative  
FSEM (Ireland) Prof Stewart Hillis  
Chairman, Education Committee  
Chairman, Specialty Advisory Committee  
in SEM  
Royal College of Anaesthetists  
College of Emergency Medicine  
Elected Member  
Elected Member  
Elected Member  
Elected Member  
Elected Member  
Elected Member**

**IN ATTENDANCE:**

**Mrs Yvonne Gilbert  
Mr John King**

**FSEM (UK)  
ECOSEP**

1. Prof Batt welcomed everyone to the council meeting in Apothecaries Hall.

**2. APOLOGIES**

**Prof Charles Galasko  
Dr Victor Cassar-Pullicino  
Prof David Sowden  
Dr Nick Webborn  
Dr Andy Wakeman  
Dr Charlotte Cowie  
Dr Simon Sheard  
Dr Stuart Cook  
Prof Stewart Hillis**

**IMMEDIATE PAST PRESIDENT  
HON. SECRETARY  
Lead Dean  
Elected Member  
Faculty of Public Health  
Chairman, Nominations Committee  
Faculty of Occupational Medicine  
Royal College of Ophthalmologists  
Royal College of Physicians and Surgeons of  
Glasgow**

3. Minutes of the telephone conference meeting held on 1<sup>st</sup> February 2010 were accepted as a true record.

#### 4. Matters Arising

- a. **Professional Code:** The Professional Code is in the final draft and has been placed on the Faculty Website for consultation. Fellows and Members of the Faculty have been informed and they have been asked to respond to the consultation by the end of April. Prof Batt asked Council to send in to the Faculty Office any specific points or rewording.
- b. **Responsibilities of a Team Doctor:** Prof Fairclough has agreed to set-up a committee to work on another Faculty document outlining The Responsibilities of a Team Doctor. It was agreed that it would be a difficult task to put a document together which would encompass all sports. Prof Fairclough has agreed contact Dr Michael Turner, who had previously agreed to sit on this committee, to discuss the practicalities of producing this document and they will discuss who they can contact with a view to working with them on this project.

**Action: Prof Fairclough**

- c. **Court of Patrons/Regents/Hon. Fellows:** Prof Batt advised that previously the Faculty had discussed whether they should have a Court of Patrons/Regents. He asked Mr Foster to advise on how they would benefit the Faculty. Mr Foster advised that the RCSEd have a Court of Regents who are well established business persons that are able to give sound business advice. He advised that unless the Faculty are able to define clearly and precisely what we would ask of this group so that they would be an advantage to the Faculty the group would lose interest. Prof Batt asked whether Council were for or against this or whether we would be able to make more use of our Honorary and Senior Fellows of the Faculty. Prof Batt asked Council to give this further consideration.

**Action: All Council**

- d. **CPD e-portfolio:** Dr Etherington advised that there are three different components of the CPD. i The CPD e-portfolio. ii The CPD diary. iii CPD Accreditation. The CPD diary on the RCPL website to record CPD activity is available for anyone to use at an annual cost of £110.00, for non-members/fellows of RCPL. Dr Etherington reported that the organisers of the diary are setting up a process for other Faculties and are looking to export their CPD to be badged to other Faculties. It was expected that this would likely cost around £10,000.00 and £20.00 per year to service. As a Faculty we would be able to buy into this. It was felt that as the landscape regarding revalidation is changing quickly at this time we should wait and see what options arise. Prof Helms suggested going back to the programme facilitators in RCPL and ask if they would consider negotiating for a trial year allowing us to pilot this with our Members and Fellows. Dr Jaques advised that regarding revalidation, AoMRC are to collate this sort of work in an e-format. It was agreed that this should be part of the Revalidation Group but that Dr Etherington should make further enquiries with RCPL.

Dr Julian Redhead, the newly appointed representative for the College of Emergency Medicine joined the meeting and Professor Batt welcomed him.

- e. **Bauerfeind:** Professor Hillis has set out the criteria for applications for the Bauerfeind Travelling Fellowship. Applications will be screened by the SAC (ST5/6 trainees in good standing) and looked at by the Education Committee. These documents should now be put on the website.

**Action: Yvonne**

- f. **e-Discussion Board for Council Members:** Prof Wallace advised that RCS England use an e-discussion board for SAC/JCST where they upload documents and advise Council. It is then up to each council member to log in and download relevant papers for meetings etc. Mr Foster advised that RCSEd also use this for Council papers and have found it very successful. He advised that there would be a possible set up charge of approx £500.00 and the maintenance would be minimal. Yvonne will speak with Irene MacDonald at RCSEd to get her views on the practicality of this set up and future use.

**Action: Yvonne**

- g. **RCPL database of specialty advisers:** It was advised that when appointing a consultant for a specific specialty you must contact a representative from the College of that specialty. The College Advisers job is to advise on the job description and report back to the College/Faculty. At the present time applications are received at RCPL however in time this will be the responsibility of the Faculty. It would be required that the task was taken on by a Fellow of the Faculty. Prof Batt said that the Faculty would have to have a list of practitioners in SEM who are Fellows of the Faculty. It is unsure as to whether they would also be required to be employed by the NHS. Dr Etherington is to see if there is a statement for the role and feed this back to the Faculty. Yvonne is to email Fellows of the Faculty to establish which Fellows are also Fellows of RCPL.

**Action: Dr Etherington and Yvonne**

- h. **FSEM Standing Orders:** Mr Foster advised that the RCSEd lawyers having looked at the Faculty Standing Orders have advised that some adjustments are required to bring the Faculty under the umbrella of their College. This would required to be agreed with the Faculty's other host College RCPL. We are still waiting agreement of these amendments from RCPL.

Mr Foster has checked the status of the indemnity insurance for Faculty Examiners and Appraisers and has advised that the Faculty insurance is incorporated into the RCSEd insurance indemnity. Dr

Etherington is to check with RCPL the status of agreement of amendment to the Faculty's standing orders.

**Action: Dr Etherington**

## 5. Matters for Discussion

- a. **Membership Fellowship Criteria:** Prof Batt advised that Dr Cowie and her Committee with Prof Galasko had worked hard on the final edit of this document and asked council if they had any comments. It was agreed that the fees should be separated from the criteria, a sentence should be included with the fees schedule advising that any changes in fees are subject to agreement at the Faculty's Annual General Meeting. Also included would be information advising that in exceptional circumstances and at the discretion of the Treasurer, Members or Fellows experiencing difficulties in meeting these fees should approach the Treasurer. With these small amendments the document was accepted and will be placed on the website.

**Action: Yvonne**

- b. **ISEM:** Prof Patterson updated council on the current status of ISEM as the research arm of the Faculty. Regarding funding he advised that ISEM had sought advice from a professional fund raising company in 2008. Their advice to the ISEM was that our role was not well enough known or sufficiently focussed for a fund raising campaign to be successful. We therefore did not proceed.

The ISEM is now working closely with Arthritis Research UK (previously ARC) which is a large medical research funding charity. They have re-branded and have also broadened their research interests. There is a lot of synergy with ISEM and our shared intent is to first organise an International Conference which is both a scientific congress and also an opportunity to invite sponsors - it is entitled Prevention of Osteoarthritis following sport or exercise - it is on 21st and 22nd October. The Duke of Edinburgh is supportive of our relationship. As a result of the planned collaborative fund raising we intend to establish an Institute. The ISEM is now exploring areas where the activities and infrastructure of Arthritis Research UK and The ISEM can be used in a collaborative manner whilst preserving the unique role of each organisation."

Prof Batt enquired whether in forming an alliance with Arthritis Research UK if the Faculty is in danger of losing the unique SEM research funding opportunity and being subsumed within the research agenda of Arthritis Research UK. Prof Patterson felt not.

Prof Fairclough enquired what the ISEM-Faculty would want as criteria in order that a 'centre' receive a 'national research centre

badge'. This is as yet unresolved and in part dependent upon The National Centre for SEM initiative as part of 2012 Legacy.

Prof Batt advised that he and Dr Budgett attended a meeting led by Mike Farrar, CE, NHS North West(He is the new Physical Activity lead for the DH) The meeting was a follow-on from a National Centre meeting in Dec 2009 and set to further explore the 2012 National Centre/s for SEM as part of 2012 legacy. Present were representatives from UCL-UCLH, East Midlands, The Writtington-Manchester and Warwick. Prof Batt advised that the discussion was loose but that Mike Farrar is looking for a short briefing document to go to the Minister on how the Department will handle the 2012 legacy pledge of National Centres. Prof Batt does not think that this will include Scotland and Northern Ireland. It was thought that an enabled network might develop with each centre for excellence in SEM having different qualities. Prof Batt suggested to Prof Fairclough that UWIC to write formally to Mike Farrar.

**Action: Prof Fairclough**

Prof Batt pointed out that there may be a conflict of interest with regard to himself and Prof Patterson in this context and said they should be conscious of 'which hat they are wearing'.

Prof Batt asked Council to think of this opportunity within their organisations/regions and to write to Mike Farrar if interested.

Prof Batt said that the Faculty are happy to continue their relationship with ISEM and asked that this be a standing item on the Agenda and that Prof Patterson continue to update the Faculty.

**Action: Prof Patterson and Yvonne**

- c. **BASEM/FSEM Memorandum of Understanding:** The Memorandum of Understanding has been approved by both BASEM and the Faculty. Council also wish to acknowledge the contribution that Dr Pullicino in enabling the initial discussions and the development of the subsequent document.
- d. **FSEM Update Meeting and Ceremony 2010:** Dr Jaques indicated that Revalidation is to be a significant component of the meeting with a clinical aspect. Suggestions are enhanced appraisal, revalidation, PRP: **clinical practice and ethics – Noel Pollock** (evidence for & against). Prof Batt informed Council that it has been announced that the Pope is to arrive in Edinburgh on the same day as the Faculty's meeting and suggest that if attending the meeting the consider making their arrangements for travel soon.

**Action: All Council**

- e. **Revalidation:** Dr Jaques advised that the Faculty presently carry out around 100 appraisals. He discussed the possibility of reducing the cost and the possibility of an honorarium for

appraisers. This is to be looked into by the Treasurer. Dr Jaques said that the Faculty also require to quality control appraisers and there should be a job description for this position. Dr Tom Crisp is to join the Revalidation Committee and this topic is to be a standing item on the agenda.

**Action: Dr Jaques, Prof Helms and Yvonne**

## 6. Matters for Information

- a. **Consider nominations for Hon Fellowship 2010:** Prof Batt asked council to give some thought to nominations for Hon. Fellowship of the Faculty. Yvonne to circulate names of current Hon. Fellows and to cross check with past and present members of IABSEM and Faculty council members.

**Action: All Council Members and Yvonne**

- b. **Annual Specialty Report:** Prof Cullen advised that this document had been circulated for information.
- c. **SAC:** Prof Cullen advised that the SAC still await a response from PMETB regarding the restructuring of the curriculum. It is expected to be in place by August 2010 therefore they expect to hear from PMETB in the very near future.

Prof Cullen advised that with regard to recruitment for training for England in August 2010 on a national basis there are five additional places per training region. In Scotland there are two new STs in August; Wales recruited one commencing in February and a further one in August. Northern Ireland has one ST3 with no recurrent funding from this year. Prof Cullen is hoping to address this with the Postgraduate Dean and Minister in Northern Ireland.

- d. **CESR Applications – request for information:** Prof Batt advised that he had written to Prof Stuart Macpherson at PMETB requesting information on successful applicants for SEM specialty status. However, due to data protection Prof Macpherson advised that he was unable to pass this information to the Faculty. It was suggested that pressure should be put on the GMC to make available a list of the names of specialists on the specialist register under their specialties.

It was thought it might be helpful to applicants applying for specialty status under Article 14 if the Faculty could produce an A4 guidance document on how to prepare their application. Dr Jaques has agreed to send his PowerPoint presentation to Dr Kemp who will prepare an A4 document to be discussed at the next meeting.

**Action: Dr Jaques and Dr Kemp**

- e. **Exercise for Life:** Dr Etherington advised council that he had expected the final draft to be agreed but within 48 hours of the final agreement time changes were submitted. However it is expected that the final draft will be completed by the end of this week.

- f. **European Federation of Sports Medicine Associations:** The Faculty was advised that EFSMA are keen for the UK to be included in the family and that they wish to form links with the Faculty and with BASEM. Under the new education agreement with BASEM, BASEM would be the Faculty's representative with this group and we would therefore expect Dr Malcolm Read (President of BASEM) to be our representative on this committee. EFSMA hope that we will be more involved and they are pushing forward the specialty in Europe. The curriculum would be a 4 year curriculum based largely on the FSEM curriculum. There was discussion regarding ECOSEP and the EFSMA and it was felt that there were similar parallels to BASEM and UKADIS. It was thought that they should come under one umbrella in the future which would likely be EFSMA – who currently have 'the ear of UEMS'.

**Action: Dr Jenner and Ms S. Grant, RCSEd Exams Dept.**

- g. **President's e-newsletter/Bulletin report:** Prof Batt had written an e-newsletter which has been sent to all Fellows and Members of the Faculty. He apologised to members on council who are not a Member or Fellow of the Faculty as they would not have received a copy of this report. Yvonne has been asked to forward a copy to these members of council.

**Action: Yvonne**

- h. **Undergraduate Report:** Dr Seah reported that both the Liverpool and Imperial College London (ICL) undergraduate meetings had proved successful. Both Prof Hillis and he had recruited a number of new Affiliate Members for the Faculty. Dr Seah advised that the BASEM station at the ICL meeting had also received a good response. Prof Batt said that now that we have a list of interested medical students as Affiliate Members we will require an undergraduate representative on the Education Committee. Prof Batt thanked both Dr Seah and Prof Hillis for attending these meetings on behalf of the Faculty.

**Action: Prof Hillis**

## 7. Any Other Business

- i. **Coat of Arms:** Mr Foster reported that the Coat of Arms is now complete however it had taken so long to finalise that the date in the wording is to be changed from 2009 to 2010. Once amended we will require to have the documents professionally photographed and we can look into having merchandise with our Faculty Coat of Arms available for our Fellows and Members.

The FSEM Coat of Arms consist of a laurel wreath at the top with the surgeons seeing hand in the centre below which is the figure of Diskobolos the discus thrower which is between the

rods of Aesclepius the god of medicine and healing in the ancient Greek religion and in the scroll above is the motto Health through Sport and Exercise. Prof Batt said that the Faculty needs a merchandise committee.

**Action: Prof Batt and Yvonne**

- II. **Indemnity:** Dr Carolan advised that in Ireland they are having issues indemnifying doctors with MPS and MDU. Dr Carolan said that doctors on the Irish SEM register are being penalised with increased premiums for those on the specialist register in SEM. Prof Batt advised that Dr Jaques on behalf of EIS and Dr Budgett on behalf of the British Olympic Association had been in dialogue with The MDU in this country regarding indemnity - he informed that the Faculty should not be directly involved and that this be a matter for BASEM as the specialty association.

It was suggested that the Faculty-SAC remind SEM trainees that they should be fully indemnified. Prof Batt asked Dr Carolan to keep the Faculty informed with what is happening with this in Ireland.

**Action: Prof Cullen and Dr Carolan**

- III. **Finance:** Prof Helms advised that the Faculty have secured enough capital to continue running for one full year and are on the way to meeting our target of securing two years running costs contingency funding.
- IV. **Olympic Conference:** Dr Etherington reported that RCPL are asking for support to host an Olympic Conference on 23<sup>rd</sup> November 2011. Dr Budgett advised that this may clash with the BASEM annual Conference. It was asked whether they could both be integrated.

**Action: Dr Etherington and Dr Budgett**

- V. **Media:** Prof Fairclough asked whether it would be possible to get a database of Council Members to act as contact for media enquiries. It would be useful for the Faculty Office to know where to direct press/media enquiries. Prof Batt has agreed to put together a 1<sup>st</sup> draft questionnaire to be sent out to Council Members. Dr Seah suggested sharing such a list with BASEM and it was agreed that it would be shared with the BASEM executive.

**Action: Prof Batt**

- VI. The next meeting will take place in the Society of Apothecaries **on 4<sup>th</sup> May 2010 at 2.00-6.00pm**. The SEM Diploma Exam will take place at **the Apothecaries on 5<sup>th</sup> May**.

**Note to Council Members**

If Council Members wish to stay on for meetings after Council please let me know so that I can make appropriate arrangements with the host venue.