

FACULTY OF SPORT AND EXERCISE MEDICINE (UK)

Minutes of the Telephone Conference Council Meeting Held at 9.00am on 1st
February 2010

PRESENT:

Prof Mark Batt
Dr Rod Jaques
Prof Charles Galasko
Dr Victor Cassar-Pullicino
Mr Jim Foster
Prof John Fairclough
Prof David Sowden
Dr Andy Wakeman
Prof Angus Wallace
Lt. Col. John Etherington
Dr Richard Seah
Dr Philip Carolan

Dr Charlotte Cowie
Dr Simon Sheard
Dr Richard Budgett
Prof Michael Cullen

Dr Douglas Justins
Dr Jane Dunbar
Dr Simon Till
Dr Tom Crisp
Dr Simon Kemp
Dr Nick Webborn

PRESIDENT
VICE- PRESIDENT
IMMEDIATE PAST PRESIDENT
HON. SECRETARY
Lay Representative
Chairman, External Affairs Committee
Lead Dean
Faculty of Public Health
Royal College of Surgeons of Edinburgh
Royal College of Physicians of London
FSEM Trainee Representative
FSEM (Ireland) Prof Stewart Hillis
Chairman, Education Committee
Chairman, Nominations Committee
Faculty of Occupational Medicine
Elected Member
Chairman, Specialty Advisory Committee
in SEM
Royal College of Anaesthetists
Elected Member
Elected Member
Elected Member
Elected Member
Elected Member

IN ATTENDANCE:

Mrs Yvonne Gilbert

FSEM (UK)

1. Professor Batt welcomed and thanked all those attending the telephone conference meeting.

2. APOLOGIES

Prof Peter Helms
Prof David Patterson
Dr John Jenner
Dr Thomas Beattie
Dr Stuart Cook
Mr Michael Allen

HON. TREASURER
Chairman, ISEM
Worshipful Society of Apothecaries
Chair, Examinations Committee
Royal College of Ophthalmologists
Elected Member

3. Minutes of the meeting held on 19th November 2009 were accepted as an accurate record.

4. Matters Arising:

- a. **Communication Director/ Publicity Person:** Prof John Fairclough has been in discussion with Universities to find out how they respond to the media and the implications regarding cost to employing a media contact.

Prof Fairclough pointed out that at the moment the Faculty is not perceived as the first port of call with the press. Prof Fairclough suggested two ways of raising the FSEM profile with the press:

- i. by word of mouth
- ii. to have a proactive strategy, i.e. to go out to the various medias and let them know we are here, what we do and what we can offer.

- b. **Medico Legal Aspects of SEM:** Prof Fairclough advised that due to illness of the organiser this conference is to be cancelled with no costs to the Faculty.

Action: Prof Fairclough

- c. **Undergraduate Representative on Council:** Prof Hillis advised that he had previously written to medical schools with a poor response (3). Christopher Pritchard a medical student from Liverpool had made contact with the Faculty regarding holding a National Student Sports and Exercise Medicine Conference on Saturday 6th March 2010 at the University of Liverpool There also existed an opportunity to enrol students into a national undergraduate society. Prof Hillis has spoken with Chris Pritchard and told him this would be discussed this morning and with Council's agreement we would take this forward. Prof Hillis plans to attend this meeting with a view to recruiting individuals from the different Universities and set this in motion.

- d. Prof Hillis will be at the Royal College of Surgeons of Edinburgh undergraduate Meeting in Edinburgh on 23rd March promoting Sport and Exercise Medicine.

Action: Prof Hillis

Prof Galasko advised that London Students are also having a National SEM Conference for Medical Students discussing a Career in Sports Medicine which is planned for 20th March at Imperial College Dr Rick Seah and some other Registrars have agreed to man a stand at the London meeting. Professor Batt suggested having a register of interested undergraduates that goes from Liverpool to Imperial we may end up with 250/300 students who are expressing an interest in the specialty and that would be very valuable. Prof Hillis agreed to do this.

Action: Dr Seah and Prof Hillis

Dr Cowie advised that the Nominations Committee had discussed this student group at a recent BASEM meeting and that BASEM would be pleased to offer them a home at the BASEM Congress both this year and next year if they wish to have a meeting there and they

would be offered a reduced rate on at least one day of the Conference.

Action: Prof Batt

Batt asked Prof Cowie whether BASEM would be interested in having a stand at both the National Medical Student Meetings on 6th March in Liverpool and 20th March at the Imperial College London. Dr Cowie agreed to contact BASEM and ask if they would like to do this.

Action: Dr Cowie

Professor Galasko suggested having an Affiliate Membership category for Medical Students. There would be no fee for this category, they would have no voting rights but they would get all Faculty information which may promote future interest from this group. Prof Galasko and Prof Hillis agreed to promote Affiliate Membership at the Liverpool and London National Meetings in March.

Action: Prof Galasko & Prof Hillis

Prof Fairclough advised of an intercolated SEM degree in Cardiff and thought it would be sensible if there could be some information circulated to the intercolated students. Prof Hillis said he would set this in motion.

Action: Prof Hillis

- e. **Fitness Industry Association:** Prof Batt advised that the Fitness Industry Association have been in consultation with the Faculty and the Royal College of Physicians of London and others for some time. They have written to the Faculty formally asking whether or not we would wish to join an "Exercise Referral Consultative Forum". Prof Batt thinks the Faculty should support the FIA but thinks they should be somewhat broader and his response to them is that the remit of the Forum should be about all forms of physical activity rather than purely exercise referral. The Physical Activity Alliance will be fully fledged later this year and they should be included within the Forum also the DoH Physical Activity office should be invited to send a representative. There is a meeting on Friday 12th March Dr Etherington and Dr Crisp have said that they will attend. Prof Batt has said that he will forward the paperwork for this meeting electronically to Dr Crisp.

5. Matters for Discussion:

- a. Papers 3a and 3b included with the Agenda are an application form for CPD and Guidelines. These have been based on the documents produced by the Royal College of Physicians of London who have agreed for us to use these providing we acknowledge where they came from. Prof Hillis has agreed to take forward the development of them. It was asked whether we can piggyback onto the RCPL log-book a way of recording CPD allowing Fellows and Members to keep a record online rather than on paper? Prof Cullen advised that RCPL have already granted certain Fellows and Members of the Faculty that facility for which there is a charge. Dr Etherington agreed to approach RCPL and ask them explicitly if as a Faculty we were to adopt their CPD electronic log and what would they charge us. Dr Sheard said that the Faculty of Occupational Medicine are looking to use the RCPL e-CPD but they are having to slightly tailor it and there is a cost he has agreed to try and get some more details.

Dr Etherington is to speak to RCPL and Dr Sheard to share any information he has about e-portfolio.

Include electronic/e-portfolio as an Agenda Item for next meeting.

Action: Yvonne Gilbert

It was agreed that once Papers 3a & 3b have been tidied up and providing they include explicit reference to RCPL they are ready to use.

Action: Yvonne Gilbert

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Professor Wallace advised that RCSEd have produced an e-portfolio specifically for Consultants with a CPD element to it so we should look at the options for use by FSEM.

Action: Prof Wallace

5b & 5c Faculty Fellowship and Membership Categories: Dr Cowie stated that the bar has been raised in terms of criteria of Fellowship & Membership. For Fellows they have included that the applicant should have completed a Diploma or MSc in SEM in parallel with the move to bring in Affiliate Fellowship which would be for those people who already have specialist knowledge in another specialty and who would usually not undertake any postgraduate qualification in SEM.

The other item altered is that the criteria should read that Membership of BASEM would be ideal but not to say that it is essential.

Dr Cowie advised that the main change in membership is the increase of a period of 2 years or more experience in the field. Previously, particularly in the foundation period of membership, we were not really particularly sure of how much experience somebody ought to have had. This is a small change which will raise the bar a little.

Dr Cowie said that the criteria for Affiliate Fellowship is fairly self explanatory and not too controversial. It was discussed by the Nomination Committee

that the use of any letters after their name would not be appropriate. It was felt that the uptake of Affiliate Fellowship will probably be fairly small. Affiliate Fellowship would give those who are genuinely interested in the Faculty somewhere to go and a feeling of inclusion and they would receive the Faculty documents and Newsletters. Affiliate Fellows will have no voting rights, no designated letters after their name and there will be a nominal fee.

Prof Galasko said that he was unsure about the term consultant/specialist level and asked how we would define specialist level? - it was agreed that this should be changed to entry onto the specialist register. Therefore someone who is an associate specialist could not apply for Affiliate Fellowship. Dr Cowie said that she felt that by leaving it non specific it would give the Faculty an opportunity to look at individual applications and that someone who had a genuine interest ought to be included. Prof Batt suggested that it should read that: *“The applicant would be expected to have entry on the specialist register in another specialty”*.

It was requested that Dr Cowie make these changes and circulate the document to Council one last time to sign off at our meeting on 23rd March.

Action: Dr Cowie

- d. Dr Jenner was unable to attend the meeting but advised that he has arranged a meeting with Mr Wallington Smith at the Apothecaries to discuss future costs and assistance of holding the exam with them.

Action: Dr Jenner

- e. **Bauerfeind Travel Fellowship:** Prof Hillis has agreed to produce the criteria for the Bauerfeind Travel Fellowship which should include that we would wish the individual to write a specific proposal, with the aim that their work would certainly be presented at a BASEM meeting and preferably publishable. The other offer from Bauerfeind is that they are happy to host a group from the Faculty to go and look at their facilities and Institute in Germany. Prof Batt suggests that we look at it like a Travelling Fellows programme whereby a mentor takes a group of up and coming SEM doctors to that facility. Prof Hillis said he would put the criteria for the proposal together and send it to Prof Batt.

Action: Prof Hillis

- f. The Institute of Sports and Exercise Medicine are the Research Arm of the Faculty. Prof David Patterson was unable to be at this meeting but has submitted the ISEM interim report, Paper 5. Prof Batt feels that it is unfair to discuss the report when Prof Patterson is not here but has asked Council to read the report so that as a group we understand what the Institute has achieved. Prof Batt will ask Prof Patterson to speak to this document at the next Council Meeting on 23rd March.

Action: Prof Patterson

ISEM Interim Report as an Agenda item Tuesday 23rd March - Items for discussion.

Action: Yvonne Gilbert

6. Matters for Information

- a. Dr Etherington reported that Exercise for Life is a working party set up by the Royal College of Physicians of London and has representation from FSEM, Faculty of Public Health etc. The last meeting of the working party was Dec 1 2009 - Dr Etherington and Dr Tim Swann have produced the final draft of the proposal for submission to RCP. The aim is to place medicine in the centre of the physical activity and exercise forum, be that through the Faculty, The Royal College of Physicians or the Academy of Medical Royal Colleges. The working party are recommending an increase of undergraduate training in SEM.

Prof Batt asked Dr Etherington whether this report would be forwarded to the AoMRC and said that we need to be clear how we wish this important paper to be used. Prof Batt and Dr Etherington are to discuss further once the document has been circulated to all council members.

Action: Dr Etherington

- b. **FSEM/BASEM Education Collaboration:** Prof Batt informed that Paper 6 outlined the changes to the proposal of the FSEM/BASEM collaboration. It has metamorphosed into a MOU for Clarification of educational roles. Dr Budgett agreed to take this paper to the BASEM executive meeting on Friday 5th February. He feels that a positive benefit is that the Chair/Vice Chair of each Committee respectively sits on each other's Educational Committee working closer together. Prof Batt says that it clearly articulates the areas of education and who is taking responsibility for each of those.

Prof Hillis asked whether the FSEM Education Chair will be notified about the BASEM Education meeting so that he can make arrangements to attend. Dr Budgett confirmed this on behalf of BASEM.

Action: Dr Budgett

Prof Hillis also enquired regarding the present situation on whether there would be any funds from the Faculty for the FSEM Education to develop anything educationally. Prof Batt said that he felt that the Council would be very receptive if the FSEM Education committee were to write to Council asking for specific funds (outlining the intended use of funds).

Prof Galasko says that he feels the FSEM/BASEM is a very good document which lays out exactly the next three/four year future of the collaboration between FSEM and BASEM.

Prof Cullen asked regarding point 3 (II & III) on the document whether the difference between postgraduate education and other CPD could be clarified. Prof David Sowden advised that *"Postgraduate Education is traditionally to be that applies to people prior to CCT and the equivalent thereof. CPD applies to those who are in non-training roles whether those*

be people who have got the CCT already or are in alternative positions such as associate specialist grades without CCT.”

Prof Batt asked Dr Budgett to take the document to the BASEM Executive Meeting and if there is a similar response from BASEM then we can accept this clarification of education roles.

Action: Dr Budgett

c. FSEM Standing Orders/EGM:

- d. Prof Batt reminded Council Members that most Wednesday morning at 8.15am there is a teleconference Meeting of the Executive Officers of Council. Any Council Member who wishes to join is most welcome to do so. If there is an issue you wish to raise contact please Yvonne giving notice of your item for the Agenda and she will give you details of the contact number for the conference call.

Prof Wallace suggested that it might be worth establishing a ‘discussion board’ of the Council Members on the website. He said it is very useful for the surgical SAC allowing them to exchange views without their email inbox being flooded. He said it is quite easy to set up and recommend the Faculty look at that. It is not only a discussion board but a historical paper trail of what has been discussed previously. Prof Batt asked that Prof Wallace show him an example of the discussion board when they next meet.

Action: Prof Wallace

7. Any Other Business

- I. Prof Batt has advised that he is planning to send out an electronic report to our Members and Fellows (x2-3/yr) to keep people in touch with some of the things that are under discussion. This was supported/encouraged by Council.
- II. Revalidation: With regard to the revalidation discussion led by Prof Youngson, Vice-President RCSEd at our Council Meeting in Edinburgh last November, he has written to Prof Batt advising that AoMRC have a revalidation support team and they want to use some small groups for pilots with respect to revalidation. They are particularly interested in some groups whose activities lie outwith the NHS – called ‘Orphan Groupings’. Prof Youngson has written to Prof Batt as President asking if the Faculty would we be happy to consider this. Prof Batt replied in the affirmative. He pointed out that the Faculty have a fairly robust appraisal system in place which is largely based on the NHS appraisal system. Dr Jaques supports the Faculty being involved in this initiative.
- III. **Specialty Adviser:** Dr Till discussed/emailed with Dr Etherington specifically about the Armed Forces Consultants having a representative from the Faculty on their appointment board. He was advised that the Armed Forces review their consultant appointments centrally. Each consultant appointed has to go to a Board which is chaired by usually the

President of the relevant College. The implication for the Faculty is that in due course the President of the Faculty may be called upon to do this

Consultant Specialty Adviser – Dr Etherington would be on this Committee, however, in terms of a civilian position Dr Etherington thought it would be expected that someone representing the Faculty should be on the specialist register.

Prof Batt thought that if there was to be an NHS Consultant interview in a physician led specialty typically the RCP will be contacted to provide a Faculty/College representative. Currently a mechanism does not exist Dr Till was to discuss with Dr Etherington as to how to set this up.

Prof Batt asked Dr Etherington to discuss the process of how the Faculty could be linked into the RCPL database of specialty advisors.

Action: Dr Etherington

- IV. Mr Foster, Deputy Treasurer advised Council that the Treasurer is unable to be at the meeting today but he met with the Treasurer Prof Helms and Yvonne Gilbert a few days ago. It was made clear that the Faculty need to refresh the mandate to operate their bank account, in particular the authorised signatories. The proposal is that the authorised signatories should be The Treasurer, The Deputy Treasurer, The Faculty Manager and Mr Tony Oxford who is the Finance Director of the Royal College of Surgeons of Edinburgh and that any one of those may sign cheques up to £2000.00 and from £2001.00+ there should be two signatories. Mr Foster asked Council to agree to this. This was unanimously agreed and deemed sensible. Mr Foster will forward a copy of the bank mandated to Prof Batt, The President and Dr Victor Cassar-Pullicino, Honorary Secretary of the Faculty to sign and approve as a record of the Council's agreement.

Action: Yvonne

- V. Dr Pullicino suggested that it would be a good idea to have the programme for the SEM Update Course finalised as soon as possible with a view to getting people in the know and arranging the correct speakers to attend giving them time to accept.

- VI. **Training:** It was discussed that with respect to recruitment to 2010 some of the MPET funding which was due to be spent within the current financial year will be allowed to be carried over to allow the specialty to recruit trainees within England for August 2010. Prof Cullen was not aware of any new regions who have put forward programme applications - other than the East of England which was approved recently. Prof Cullen asked whether Prof Sowden would be able to confirm that recruitment will take place centrally through the East Midlands Deanery for this coming August.

Prof Sowden confirmed this and said that the Department of Health decided to transfer funding for 50 NTN's allocated in year to the East Midlands. The posts that have already been appointed should be invoiced to the East Midlands. Prof Sowden is currently making arrangements with finance team at the Strategic Health Authority. The remaining posts that were unfilled for a variety of reasons should be advertised with the round 2 process which appoints to ST3/ST4 in most specialties later on this year - East Midlands will

be co-ordinating the SEM appointments for England. The other point to make is that not all areas of the country do have an approved SEM training programme. This does need immediate attention as the existing arrangements for the funding is only likely to last for this year. If the posts are utilised the funding becomes recurrent, however, if the posts are not filled for any number of reasons that money will be lost in perpetuity. Prof Sowden had written to all Postgraduate Deans pointing this out.

Prof Cullen said that his understanding is that Wales and Scotland will be appointing additional trainees at the end of August but unfortunately in Northern Ireland they have not received any recurrent funding to do so but he will continue to work on that.

Prof Batt asked if there were any other English regions that are close to being able to offer a training scheme. Prof Cullen replied that only one (Peninsular Deanery) expressed an interest and had difficulty convincing the SAC of their ability to deliver the programme. Prof Cullen thinks that they are still keen to progress that.

Prof Batt said that he had someone coming to visit him from Plymouth this month and he will take the opportunity to confirm that the timing is imperative and they really do need to get their revised training programme to the SAC very quickly if they wish to be part of the national round.

Prof Galasko asked which regions in England have no trainees or no training programmes. The answer was SW which is highly relevant because we know that trainees tend to settle where they are trained and to have a region such as South West without a training scheme is not ideal and we would hope to remedy this situation.

Prof Cullen spoke of the Curriculum review and said that he had not yet received any confirmation from PMETB regarding their decision. It was expected in January therefore it will be due anytime. The meeting on the 1st December went reasonably well and Prof Cullen does not expect any major criticism or amendments to be required of the actual curriculum documentation. The one thing that was brought up was the place of the Diploma Examination. PMETB has produced a discussion paper on the role of all assessments in postgraduate training in October which was after our submission date for the curriculum review. They questioned in some detail the role of the VIVA component of the Diploma Examination and it is expected that they will come back and request that that particular aspect of the examination be changed to include more OSCE stations and do away with the VIVA stations.

Prof Cullen said that it is his opinion and the opinion of Mr Bill Burr, Medical Director, JRCPTB, Prof David Sowden, Lead Dean, SEM and others that trainees should be allowed to progress (ARCP 2) in keeping with other Medical Specialties and that their training may have to be slightly amended to account for the fact that they have not passed the Diploma at end ST4.

Prof Cullen said that he thinks that the role of the Diploma Examination will have to probably be re-examined with the new curriculum coming into force in August.

The other comment Prof Cullen has is with regard to the CESR applications and he has asked PTB to supply him with a grid of all applications to date of

CESR and their outcomes. They have had difficulties with sickness and with their computer system but he will produce this for the meeting in March.

VII. Prof Batt advised Council that Dr Tom Beattie had written to him indicating that he wished to resign as Chair of the Examinations Committee for a number of reasons largely based around the pressure that he is under at work. Prof Batt said that he had no option but to accept his resignation and had written to Dr Beattie thanking him for his time and effort. The Faculty are currently thinking about a replacement for Dr Beattie.

VIII. Dr Simon Till asked about Faculties and Colleges reimbursing individuals for their time. He said that Dr Beattie's resignation has highlighted a very valid point (pressure for those with NHS contacts) and that is that maybe that the Faculty should face the situation that the Chair of the Examinations Committee should be paid for their time or that the trust that they work for should be reimbursed for that time.

Prof Sowden replied that this has been a source of contention for longer than just the most recent problems with consultant job plans. In a previous letter by both the Director of the NHS and by the CMO it made clear that it remains an expectation from the NHS to release doctors to national roles particularly associated with Colleges and specialty training. There is tremendous resistance to pass the responsibility for funding, of effectively NHS activity, to organisations which have charitable status. Prof Sowden suggested that it may be better to identify where problems are beginning to develop and highlight these through the other colleges with whom we have links and who are undoubtedly facing the same problems (and more particularly through the Academy of Medical Royal Colleges).

IX. Dr John Etherington brought up the communication from a doctor about reciprocity on the Specialist Registration in SEM.

X. Prof Batt thanked everyone for their time and looked forward to the next meeting: **10.30am on 23rd March at the Society of Apothecaries in London.**