

## DETAILED GUIDELINES FOR APPLICANTS FOR MEMBERSHIP / FELLOWSHIP BY ELECTION

### **FELLOWSHIP BY ELECTION**

-The applicant should be able to demonstrate a minimum of the equivalent of 5 years full time experience in Sport and Exercise Medicine (SEM).

-The applicant should be able to demonstrate ongoing regular attendance at SEM-related CPD and membership of BASEM, unless the applicant resides out of the UK, in which case an equivalent organisation would be acceptable.

-The applicant should be able to demonstrate that during the period of time in the specialty they have made a significant contribution to service delivery, education or development of infrastructure within the Specialty of SEM, and in the case of service delivery should have significant experience of direct involvement with more than one sport.

In the case of service delivery this would involve seeing a minimum of 50% sport or exercise related work within their typical working week and the remainder of work being in a related field. In the case of education this would involve a regular commitment to teaching rather than sessional or occasional work and teaching should be to those training in the field of SEM rather than to doctors whose main area of interest is outside the specialty. In the case of development of infrastructure, the applicant should be fundamentally involved in the workings of a major SEM body such as the Faculty, the EIS, UKSport, the Olympic Medical Institute etc.

Those who have an interest in SEM but who are full time specialists in another area, e.g. orthopaedic surgery, radiology, accident and emergency, would usually be offered membership.

Fellowship will automatically be awarded to those who have a CST or CSR in SEM.

### **MEMBERSHIP BY ELECTION**

- The applicant should have completed either a diploma or MSc in SEM.
- They should currently be involved in regular SEM practice from week to week – this excludes work in related specialties unless this is part of a SEM training rotation.
- They should be able to demonstrate an ongoing commitment to CPD in the specialty and membership of BASEM, unless resident outside the UK in which case an equivalent organisation would be accepted.
- They should be able to demonstrate that they have access to mentorship or the support of colleagues within the specialty so that their practice is not isolated.

If they are involved in pitchside / teamcare, this should ideally involve more than one sport although allowance can be made where one sport (e.g. a professional sport) requires a large time commitment.

**Dr Charlotte Cowie**

*Chair of Nominations Committee*

**September 2009**